

# What Does It Feel Like To Die?

— Flavie Brebion, Annecy, France

When you die, the thoughts and thought forms are left behind as you withdraw your focus back into the total positive energetic vibration of Source. But death, in terms of annihilation is impossible. There is no such thing as death. In the physical dimension of existence, death is a natural event. In fact, it does not even have to be an “event”.

I can sense that the reason behind this question is the fear you hold from what you have traditionally seen death to be in the environment around you. The reason that you see people suffering greatly during the process of death and declining greatly in health before death has to do with two things. The first is when people fear and fight against death, they are holding a discordant energetic vibration, which gives rise to illness and suffering on many levels of themselves. The second is your expectation of what will happen before you die. Your beliefs are very dependent on what you see around you in the form of other people, and now television and news papers. And you are surrounded by people who do not view death as natural, who fear death and who fight against death. And In their “flailing” against it, they decline and they suffer and death becomes a large event instead of the non event it can be.

When you die, you will have the experience of passing into an overwhelming white light, this is because as you reverse

this process of manifestation, you will pass through the stage of Tulpa (thought form) and then through the beginnings of your physical manifestation which is light. Because you will be returning into Source, you will be immersed immediately in the undiluted positive energetic vibration and unconditional love of Source which will feel like heaven to you.

It is in truth an experience much like the changing of perspectives between being in your physical life and going to sleep where you emerge into a beautiful feeling dream which is more familiar to you than even your physical life.

It is no more dramatic than that transition. It is also impossible for it to be out of your control to die. You cannot die until the minute that your physical self agrees to do so and therefore resonates with death. Death feels wonderful no matter who you are, no matter what you have done in your physical life.

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